



Chesapeake Region Chapter, CAI
8901 Herrmann Drive, Suite B
Columbia, MD 21045

410-540-9831

contact@caimdches.org



2019 Educational BREAKFAST SEMINARS

Programming created specifically for:

- Managers
- Homeowners
- Board Members
- Service Providers
- Anyone Involved with the community Association Industry

The seminars are designed to provide the tools, resources and contacts to help YOU manage and work with your communities.

Our Mission

The Chesapeake Region Chapter of the Community Associations Institute (CAI), headquartered in Annapolis, MD, is an organization dedicated to fostering vibrant, responsive and competent community associations throughout the State of Maryland including the Baltimore and Annapolis areas, Frederick and the Eastern Shore.

Location

All seminars are at
Michael's Eighth Avenue
7220 Grayburn Drive
Glen Burnie, MD 21061
410-768-7901

Seminar Faculty

Experienced Professionals in their field representing many different segments of the association industry.

CAI programs encourage attendees to be proactive, involved and informed.

PLEASE NOTE:
Payment must be received before the event



“ One of the BEST Seminars that you have had! Great content! ”
—2018 Manager Attendee

“ Great Seminar! I am bringing a lot of great information back to the office ”
—2018 Board Member Attendee



CAI Member Managers will earn 2 continuing education credits which can be used towards obtaining or renewing a designation.



Seminar Agenda

8:45 AM–9:30 AM

Breakfast/Networking

9:30 AM–9:45 AM

Welcome & Announcements

9:45 AM–11:30 AM

Program

Wednesday, February 20, 2019

“Avoiding Burnout...Finding Balance”

Are you feeling exhausted? Do you dread going to work? Feeling as though you're in a state of physical, emotional and mental exhaustion due to demanding circumstances and situations in your personal life, work life or both? Is this stress or are these classic symptoms of the term “burnout”?

There is an ever-present burnout problem in today's workplace, and it is costing businesses money in the literal sense as well as in lost productivity, disengagement and health insurance costs.

Stop for a moment and think about your own work environment...your lifestyle...family life.

Burnout is a road hazard in life that most don't often foresee; blinded by an “I can do it all” mentality, and a passionate drive to achieve big. The irony is burnout's completely opposite outcome is fatigue, frustration or emptiness.

This program will:

- help you distinguish between stress and burnout
- help you identify the signs of burnout
- show you how to put out the fire of burnout before it fully catches
- review strategies for addressing the underlying issues that may be causing burnout
- address how to build your stress resilience practices to avoid burnout

A professional in the field, Dr. Woodrow “Woody” Powell promises to deliver an informative and engaging program designed to help you feel more in control of your life and find the balance you need to thrive.

Wednesday, March 20, 2019

“Simple Math—Proactive Management + Effective Maintenance = A Healthy Community”

Community associations come in all sizes. They vary in age, amenities provided and in their maintenance obligations. Careful planning for future repairs and replacements is not only in the best physical and fiscal interests of the community association, in some states it is required by law. Did you know that Community Association Managers are also “Asset Managers”?

This seminar is going to address some misconceptions regarding the role of the Community Manager and how their role has evolved into one that needs to do some “Big Picture” planning. Managers need to work together with their Community Association Boards to establish and implement a Maintenance Plan so that the community (the asset) flourishes and grows in value.

Determining what falls under Preventative Maintenance vs. Deferred vs. Corrective Maintenance is the first step towards establishing a plan. Then, you have to properly implement the plan. This program will go through each of these critical steps using real life examples, sample schedules and photographic evidence. Some tips on how to get your Boards on board will also be shared.

Wednesday, April 17, 2019

“You Don't Know, What You Don't Know, Until You Discover—You Don't Know!” A Roundtable Program

Please come and join this interactive Roundtable Program that will provide you with tools, tips and information that you will be able to utilize when dealing with problems or issues that may arise with your clients or Association.

There will be 12 different topics, one assigned to each table. There will be an “Expert” Facilitator at each table.

Attendees will have the opportunity to sit at three different table topics during this program, approximately 35 minutes per topic. The industry expert will briefly introduce the session topic and then the table participants will shape the session content based on their own specific needs and questions.

The goal of this roundtable is to provide information and tools that will help you, as a manager or homeowner volunteer, to work through those issues related to the roundtable topics being offered.

Please note: *As a professional courtesy, we ask that no Business Partners sit at a competitors table. Business Partners are welcome to sit at other tables with topics that are not your industry segment.*



There will be a table on each of the following subjects:

- Fire Safety
- Elevators
- Solar panels
- Electric cars
- Security systems
- Irrigation & Plumbing Systems
- Storm Water Management/ Bio-Retention Ponds
- HVAC
- Mold and Hazardous Materials
- Paving Projects—Repairs and Replacement
- Request for Proposal—Are You Prepared?
- Roofing—Repair/ Replacement and material options

Wednesday, May 22, 2019

“Community Associations and Information Technology—the Good, the Bad and the Ugly”

This session is an interactive panel discussion led by industry experts with unique perspectives on the benefits and risks of using technology in community association activity.

Join your peers to preview findings from the Foundation for Community Association Research's survey on Technology and Data Security and learn about known and unknown risks arising from increased reliance on technology and social media. How people's expectations have changed since Social Media has become such a significant part of people's lives. Legal risk will be addressed in this seminar.

Wednesday, September 18, 2019

“Public Speaking—Worse Than a Trip to the Dentist?”

Fact: Speaking in front of a group of people is a task that makes the top of the list of things that the average person fears most.

This program will be given by a professional in this industry, and it will be tailored to the needs of the full range of our membership, including Managers, Board Members and Business Providers. It will cover the various types of public speaking and offer outlines for success in addressing both small and larger groups.

Face it... We ALL need these skills, and we can ALL benefit from improvement.

2019 Breakfast Seminars Registration Form

Chesapeake Region Chapter, CAI

SEND YOUR FORM/PAYMENT TO: CAICRC, 8901 Herrmann Drive, Suite B Columbia, MD 21045

Company Name		
Street Address		
City, State	Zip Code	Telephone Number
Email		

Names of Attendees			
	Member of CAI?		Member of CAI?
1.	<input type="checkbox"/> Yes <input type="checkbox"/> No	3.	<input type="checkbox"/> Yes <input type="checkbox"/> No
2.	<input type="checkbox"/> Yes <input type="checkbox"/> No	4.	<input type="checkbox"/> Yes <input type="checkbox"/> No

Please select the seminar you wish to register for	
<input type="checkbox"/> Wed., Feb. 20	<input type="checkbox"/> Wed., May 22
<input type="checkbox"/> Wed., March 20	<input type="checkbox"/> Wed., Sept. 18
<input type="checkbox"/> Wed., April 17	

Program Costs: *Fees include a buffet breakfast and handout materials.*

Number of People		
	@ \$40 Advanced Member Registration	\$
	@ \$45 On-Site Registration	\$
	@ \$55 Non-Member Registration	\$
	TOTAL	\$

Payment must be received before event. PLEASE NOTE: Verbal or faxed commitment obligates the participant to pay for the event if they choose not to attend unless cancellation is made 5 business days prior to seminar. No-shows will be invoiced. No refunds for cancellations within 5 business days of event due to food guarantees.

Payment Options
<input type="checkbox"/> Check Enclosed or Please charge my: <input type="checkbox"/> Visa <input type="checkbox"/> Master Card (We do not accept AMEX)

Printed Name: (exactly as it appears on card)		
Company Name: (if Corporate Card)		
Card Billing Address (if different than above):		
City, State	Zip Code	Telephone Number
Card Number: <input type="text"/> - <input type="text"/> - <input type="text"/> - <input type="text"/> Exp. Date: <input type="text"/> /		
Signature: (required) _____		Total Amount: \$ _____
The above signed agrees to pay the charges according to the card issuer agreement		

CLIP AND RETURN